



Armed Forces Retirement Home

Communicator

VOLUME VI I NUMBER 7

GULFPORT, MS - WASHINGTON, DC

JULY 30, 2010

Residents welcome Under Secretary of Defense for Personnel and Readiness

Dr. Clifford Stanley spends afternoon at AFRH-W

On Tuesday, July 8, the AFRH-W hosted Dr. Clifford L. Stanley. Dr. Stanley was sworn in as the Under Secretary of Defense for Personnel and Readiness on February 16, 2010. He is the senior policy advisor to the Secretary of Defense on recruitment, career development, pay and benefits for 1.4 million active duty military personnel, 1.3 million Guard and Reserve personnel, 680,000 DoD civilians, and is responsible for overseeing the overall state of military readiness.

Previous to this position, Dr. Stanley was President of Scholarship America, the nation's largest nonprofit, private-sector scholarship organization. Prior to assuming this position at Scholarship America, he served on the senior leadership team of the University of Pennsylvania as the Executive Vice President. In that capacity, he was responsible to the president for the non-academic functions of the university, such as business, finance, facilities maintenance, and campus security. Secretary Stanley, a retired United States Marine Corps infantry officer, served 33 years in uniform, retiring as a Major General. His last position was as the Deputy Commanding General, Marine Corps Combat Development Command, Quantico, Virginia. Additionally, he served



Dr. Clifford L. Stanley (right), meets AFRH-W resident Naomi Plummer. Dr. Stanley is the Under Secretary of Defense for Personnel and Readiness. Also pictured is AFRH Chief Operating Officer Timothy Cox.

as the Marine Corps Principal Representative to the Joint Requirements Board which supported the Chairman of the Joint Chiefs of Staff in carrying out his responsibilities.

Other leadership positions included: Commanding General, Marine Corps Air Ground Combat Center, Twentynine Palms, CA; Director of Public Affairs, Headquarters Marine Corps, Washington DC; Assistant Deputy Chief of Staff for Manpower and Reserve Affairs, (Manpower Plans & Policy); Commanding Officer, 1st Marine Regiment, Desk Officer in the Office of the Assistant Secretary Of Defense, East Asia and Pacific Region; Advisor to the Secretary of Defense on POW/MIA Affairs; Special Assistant and Marine Corps Aide for the Assistant Secretary of the Navy; and instructor at the US Naval Academy. Secretary Stanley was also a White House Fellow where he served as Special Assistant to the Director of the Federal Bureau of Investigation. Throughout his

career, both in and out of the military, Dr. Stanley has helped men and women exceed their expectations while building cohesive teams dedicated to high achievement and selfless service. Dr. Stanley has a proven track record of being a visionary and inspirational leader dedicated to diversity, families, and a true sense of taking care of others.

Dr. Stanley is a graduate of South Carolina State University. He received his Master of Science degree from Johns Hopkins University, graduating with honors. His formal military education includes Amphibious Warfare School, the Naval War College, Honor Graduate of Marine Corps Command and Staff College, and National War College.

Dr. Stanley earned his Doctorate Degree from the University of Pennsylvania, and holds Doctor of Laws degrees from South Carolina State University and Spalding University.

AFRH-G accepts key to building



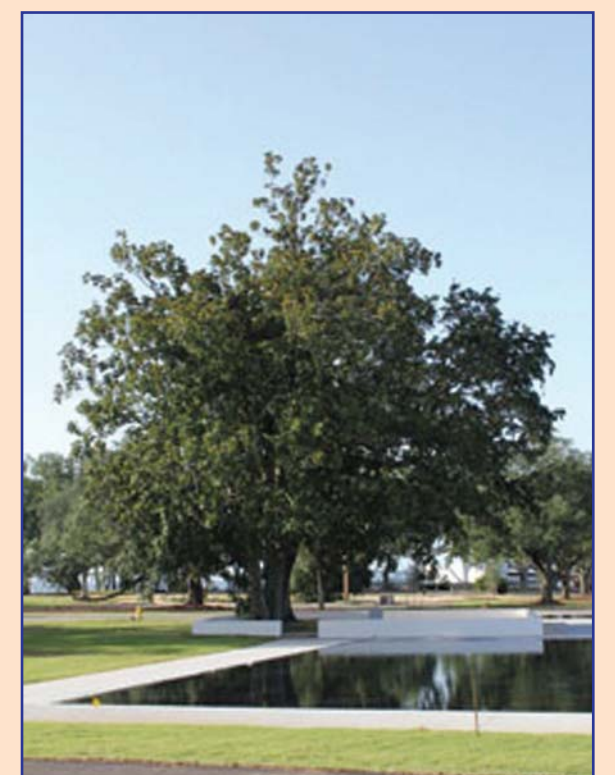
On Wednesday, July 28, 2010, GSA turned over the key to the new AFRH-G. Pictured above (from left) is Frank Bermudez, Mark Frye, Mary Kay Gominger, Rich Fisher, Howard Rice, David Probst, Steven Smith, Richard Heath, Laura Slack, Larry Smith, Regina Floyd and Chet Nadolski.

Inside this Issue



Miracle Quilts

Page 4



Gulfport update

Pages 5



60th Anniversary of the Korean Conflict

Page 6

Notes from the Resident Advisory Council



The Fourth of July was well received at the home. With the cookout and the ice-crème social followed by sitting on the back porch looking at the fireworks in downtown Washington, it

was a day not to be forgotten.

You have noticed the new busses that are taking us to our appointments and trips, after an initial period of trial and error; the new company is moving forward on insuring that the problems that have been noted are corrected and that they do not reoccur. Many of the Residents I have spoken to have indicated that the feel of the seats in the busses is much nicer than before.

The agency continues to move towards two major goals. First, the returning of the former members to the new Armed Forces Retirement Home in Gulfport, Mississippi. The second being the rebuild of the Scott Building, and the transfer of current residents and staff from the Scott Building into the Sheridan Building.

Each of these goals has their own timetable and points of completion. You can check these at the www.afrh.gov website.

Having additional problems noted by Residents when other residents do not follow the current rules in the operations of their Battery Powered Vehicles (BPV's). Residents who do have these BPV's are encouraged to slow down especially when and around other Residents, in the Dining Facility and when entering the elevators.

There is also a continuing problem with some Residents and their use of "bad" language in the Dining Facility. Again, remember that there are other Resident who can hear what you say, and might not appreciate they type of words and phrases you use to describe things. Let us use words that do not offend others. Or to put it another way - common sense rules in the use of language in facilities that are used in common by other Residents.

I have to remind those Residents who watch television programs in the common areas to return the channel changers back to the room where they belong. There is no way for the TV sets to function properly if one is unable to change the channels. I fear that if the loss of these channel changers continues changes might have to be made that might require each Resident who wishes to watch a TV to sign out for these changers.

Well, that is all for this month. Remember if you happen to see a new Resident - WELCOME THEM TO THE HOME.

*Esker F McConnell
Chairman
Resident Advisory Council*

August 2

**Coast
Guard
Birthday
Celebration**

1:30 p.m.

Theater/Lounge

AFRH COMMUNICATOR

Phone: 1-800-422-9988

Web site: www.AFRH.gov Email: sheila.abarr@AFRH.gov

Sheila Abarr- AFRH Public Affairs Specialist, Marketing
Mary Kay Gominger- AFRH-G Admissions Officer, PAO
Greg Moore - Marketing
Sherry Artis - Marketing

The AFRH Communicator is an authorized publication of the Armed Forces Retirement Home. Residents and employees are encouraged to submit photos, art, news items, and features. Materials will be edited by the *AFRH Communicator* staff for journalistic style and length. The articles included in this publication do not necessarily reflect the opinions or views of the management, staff, or residents of the AFRH.

Serving Washington, D.C. and Gulfport, Mississippi



AFRH is not just a place to live but a place to live more. Our model retirement communities are designed for residents to maintain an independent lifestyle in an environment designed for safety, comfort and personal enrichment.

Eligibility:

Military veterans from each service branch can live at AFRH.

The following persons who served as members of the Armed Forces, at least one-half of whose service was not active commissioned service other than as a warrant officer or limited-duty officer), are eligible to become residents of the Retirement Home:

Veterans with 20 or more years of active duty service and are at least 60 years old, or

Veterans unable to earn a livelihood due to a service-connected disability, or

Veterans unable to earn a livelihood due to injuries, disease, or disability, and who served in a war theater or received hostile fire pay, or

Female veterans who served prior to 1948.

To receive an informational brochure please contact the AFRH Marketing Office at 1-800-422-9988, or write to AFRH, PAO/Marketing, #1305, 3700 N. Capitol St. NW, Washington DC 20011-8400.

Visit us on the web at: <http://www.AFRH.gov>

Become a resident today!

Coming Soon

A survey team from CARF International* will be visiting on September 13 thru 15, 2010. We invited the surveyors to evaluate how well we meet international standards for quality. The survey will tell us what we are doing well and ways we might improve. As a result of this survey, we may earn or continue accreditation.

As part of the survey, the surveyors will interview people who receive services, their families, our staff, and others. Some questions the survey team members might ask people are:

- Do we provide a clean and safe setting?
- Do you receive the services you need and want?
- Are you treated with respect?
- Do you take part in planning your services?
- Are you told what you need to know about your services?
- Are your questions answered in a way you understand?
- Do you know where to go with questions or concerns?

If you would like to talk with one of the survey team members or want to learn more about CARF International, please let one of our staff members know. You may also contact CARF International directly.

Internet: www.carf.org/contact-us

E-mail: feedback@carf.org

Mail: CARF International, 4891 E. Grant Road, Tucson, AZ 85712

Toll-free telephone: (866) 510-2273

Fax: (520) 318-1129

CARF International is an independent, not-for-profit family of organizations (including CARE, CARF Canada, and CARF-CCAC) that provides accreditation in the field of human services.



Message from the Chief Operating Officer



the Armed Forces Retirement Home.

We are also looking forward to hosting Mr. Robert L. Gordon III who has been appointed as the Deputy Under Secretary of Defense (Military Community of Family Policy). Mr. Gordon is responsible for policy, advocacy, and oversight of all community support to service members and families and also includes the Armed Forces Retirement Home.

This past month it has been very rewarding to see our resident's military service honored throughout the world. The Republic of Korea continues to show its commitment and friendship to all Korean War veterans 60 years after the outbreak of the Korean War. This past week Mr. Yang Kim, Minister of Patriots and Veterans Affairs, visited our Washington facility and met with several Korean War veterans.

In our quest to bring the best services and amenities to our residents, we continue to make great strides in modernizing the Washington infrastructure in alignment with the newly built Gulfport facility. The New Commons structure will be energy efficient for Green (LEED) Building, thereby significantly reducing energy costs. The design will represent an efficient building layout to reduce staffing. This all enhances our ability to implement our "Aging in Place" concept which has been initiated with the pilot Independent Living Plus (ILP) program this year.

So, we are still at the beginning of the work in the Scott Project. Slowly, Resident Services is moving occu-

pants of the Scott dormitory to the Sheridan or LaGarde dormitories, based upon their level of care that is required. When the Gulfport-bound residents depart, we will continue to move residents into the Sheridan dormitory. Our plan is to have Thanksgiving and Christmas dinner in the Scott Dining Hall and then close its doors in March 2011. The construction is scheduled to start in May 2011.

In addition to the new building, we have been busy creating a strategy for what we are calling the "transition" period between 2011 and 2013 during the construction phase.

Offices and services currently in the Scott will be moved to the Sherman building and Sheridan first floor. Our extensive library will be carefully packed up and distributed on the ground and upper floors in Sheridan. Dining services for our independent living residents will be relocated to the north wing of the Sherman building. A walkway between Sheridan and Sherman will be constructed to protect residents walking in inclement weather.

We have lots of work ahead of us and as the fall and winter approach DC, the Scott Project will become visible to all. These are indeed exciting times at AFRH.

Timothy Cox



Dr. Clifford Stanley (center), Under Secretary of Defense for Personnel and Readiness, meets with Timothy Cox, AFRH Chief Operating Officer and Steve McManus, far right, AFRH Deputy Chief Operating Officer and Chief Financial Officer.

History is made with Navy's Sailors of the Year

*By Mass Communication Specialist
1st Class (EXW) Jennifer A.
Villalobos*

WASHINGTON (NNS) -- The 2009 Sailor of the Year winners, who for the first time in history are all women, were meritoriously advanced to Chief Petty Officer during a ceremony held at the Navy Memorial July 22.

Chief of Naval Operations Adm. Gary Roughead was the guest speaker at the pinning ceremony hosted by the Master Chief Petty Officer of the Navy (MCPON)(SS/SW) Rick D. West.

Hospital Corpsman 1st Class Ingrid Cortez, U.S. Fleet Forces Sea Sailor of the Year; Hospital Corpsman 1st Class Shalanda Brewer, Navy Reserve Sailor of the Year; Operations Specialist 1st Class Samira McBride, U.S. Pacific Fleet Sea Sailor of the Year and Cryptologic Technician (Technical) 1st Class Cassandra Foote, Chief of Naval Operations Shore Sailor of the Year were each presented their chief petty officer appointment letter

from the CNO prior to having their anchors pinned to their collars and combination covers placed on their heads.

"What I like most about this program is that these four Sailors know the Navy appreciates their dedication and performance, and expects even more of them in the future," said Roughead. "Their advancement today is an affirmation of the potential the Navy sees in them as future Chief Petty Officers and senior enlisted leaders at their next commands."

Before the anchors were pinned on the Sailors of the Year, West spoke about the great honor of earning the title of "Chief" and the privilege of leading Sailors while wearing the chief anchors on their collars.

"This is a great day for our Navy, and today we are making history with all for Sailors of the Year being women. These Sailors have proven themselves as professional Sailors, experts in their rates, role models to our junior Sailors and youth, and most importantly, true leaders," said West.

Families, friends and shipmates traveled from around the world to attend the ceremony to share the highlights of their accomplishments and achievement on making chief petty officer.

"A lot is expected of us, and it's a greater responsibility, but we are going to lead our Sailors and keep doing what we've been doing," said Cortez after the advancement ceremony. "This was such an awesome experience. I feel like I'm on top of the world, and it's just incredible."

The Sailors of the Year and their families toured the White House, visited historical sites around D.C., meet with residents at the Armed Forces Retirement Home, and attended special events held in their honor throughout the week before their advancement ceremony.

mony.

The Sailor of the Year program was established in 1972 by the Chief of Naval Operations Adm. Elmo Zumwalt and Master Chief Petty Officer of the Navy John Whittet to recognize an individual Sailor who best represented the ever-growing group of dedicated professional Sailors at each command and ultimately the Navy. When the program began, only the Atlantic and Pacific Fleet Sailors were recognized. Within ten years, the Sailor of the Year program was expanded to include the shore establishment and Navy Reserve Sailors.

For more news from Master Chief Petty Officer of the Navy, visit www.navy.mil/local/mcpon/.



The Sailors of the Year meet WWII Navy Wave Marie Townsend.



On the day before their pinning, at the AFRH-W are (from left to right) Cryptologic Technician (Technical) First Class Cassandra Foote, Hospital Corpsman First Class Ingrid Cortez, Hospital Corpsman First Class Shalanda Brewer and Operations Specialist First Class Samira McBride.

From the AFRH-W Director



They were excited; no that's not the correct adjective, they were ecstatic. They could not stop talking or interrupting one another and were getting louder and louder. They were absolutely thrilled to be

making a donation to some of the AFRH veterans of something that had cost them. They paid for the materials, spent hours in piecing, sewing, and tying quilts that had an "American" theme. Then they paid for the expenses to come from Michigan to Washington, DC and make a presentation of their hand-made quilts to us at the Armed Forces Retirement Home, the Wounded Warriors at Walter Reed Army Medical and the National Naval (Bethesda) Medical Centers. And now back in Michigan, they

are busy quilting more "Miracle Quilts" for us.

Why would people invest so much to give away that what costs them? And why does the AFRH have so many people who give so much time in volunteering for us? Consider the huge number of volunteers we have - around 4,500 different people per year, many of them military folk, who come to our grounds and give to us. They scrape paint, remove brush around the ponds, bring dogs for pet visits, sing, clean pews, read to residents, teach classes, accompany many to appointments, write letters, run errands, present shows and programs, pay the passage of residents to different countries of the world, etc, etc. Why is it that people give so much of themselves?

They've discovered the blessing of giving, of serving, of caring and loving. Giving results in happiness and joy. Time, resources, talents and abilities can all be given. The reality of giving is that it helps us when we can help others. It blesses me when I can bless others. If we were smart, we

would be searching for ways to give of what costs us.

Chuck Kelley, president of New Orleans Theological Seminary, said recently, "If we were to get up a trip to Paris and really push it, we might get half of a dozen students to go with us. However, if we announced a mission trip to Afghanistan and told the students they had to pay their own way, we'd have to turn some away. Today's students respond to a great challenge."

Abraham Lincoln attended church with a friend in Springfield. Afterwards, the friend asked the future president what he thought of the message. "It was all right," he said, "but it was not a great sermon." Asked what made him say that, Lincoln said, "The pastor said many fine things, but he did not ask us to do a great thing."

Joe Brown returned from a mission trip to a difficult area of the world and shared this experience with his congregation.

"At 'The Edge' they have an underground church.... They meet on different nights, and when they reach the number of 10 or 12, they split the church because it causes too much attention." "They have a man....

He's not the pastor. He's not a teacher. He's an usher. He volunteers to go down into the center of the city, and he stands there. The members of his church will ride down there and he'll tell them where they're meeting and when they're meeting, because the telephone lines are monitored.... There was such a man in this city, and the government found out about him. They arrested him. He lost his job. When he lost his job, he lost his housing. He lost his medical benefits. He lost everything he had. He was beaten and put into prison."

"Another man stepped forward and took the job. And he was turned in, and he was beaten and put into prison and lost everything he had."

"Someone traveling with us looked at the house-church pastor and said, 'I suppose you have great difficulty in filling that job'." "He said, 'Oh no, we don't have difficulty in filling that job. We have a waiting list'."

I challenge you to give what costs you, or to do a great thing. You will never regret it!

David Watkins

Miracle Quilts

Miracle Quilts covers Walter Reed

By Meredith Mayberry

July 07, 2010 - Veteran John Smith remembers what it was like coming home from the Vietnam War.

"Cold. It was a cold reception," he said. Carole Carroll is trying to make it warmer for returning soldiers. And she's doing that with quilts. Carroll is the vice-president of Miracle Quilts, a non-profit organization in Metamora that focuses energy on making quilts for wounded soldiers.

The organization was inspired by the death of Pfc. Joseph Miracle of Ortonville. Miracle was assigned to 2nd Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade, Vicenza, Italy. He died at age 22 on July 5, 2007, in Afghanistan.

"I read an article about Joe Miracle and his story made a mark on my heart," Carroll said. Carroll said Joe's mother, Judy Miracle, joined Miracle Quilts in November and she joins other members of the group every month. Judy isn't the only person who is committed to the project. Carroll said there are about 100 people who contribute to the making of quilts, and the organization started only 15 months ago.

"We just delivered 171 quilts made by local quilters," Carroll said. She and a few members of the group just returned from a delivery trip to the Walter Reed Army Medical Center in Washington, D.C., where Smith is the assistant liaison.

"Not a lot of organizations like this exist," Smith said. Despite the rarity of the quilts, Smith said their impact is visible in the soldiers.

"The soldiers are at a crossroads in their military careers and their lives," he said. "The quilts signify that someone cares, and they reflect on the kinds of decisions that these wounded soldiers have to make."

Carroll said the group goes to Walter Reed every two weeks to present quilts.

"Each quilt has a label and a letter telling about our project," she said.

Carroll said she was touched when she went to Walter Reed this month.

"These soldiers will be paying this price for years to come," she said.

Smith said the moral support that comes from Miracle Quilts was overwhelming.

"It's a blanket of warmth, and that changes a sol-

dier's mindset," he said. But changing a soldier's mindset doesn't come cheap. Carroll said each quilt can easily cost \$75 to \$100 when materials and labor are considered. "But they are absolutely gorgeous," she said of the lap-size and larger quilts. Among the 100 plus members of the organization, Carroll said most quilters come from southeast Michigan, but they have acquired members from as far as Florida.

"It's so important to keep the memory of Joe and others like him alive," Carroll said. "We can't forget them. I won't let us."



David Watkins, AFRH-W Director, speaks with Miracle Quilts organizational members about the history of these patriotic quilts.

Gulfport Facilities Maintenance Contractor prepares for opening

Familiar Faces

For the residents moving to the Gulfport campus, you will see some familiar faces that will make the new facilities instantly feel like home. CMI Management, Inc., the Facilities Maintenance Support Services contractor that provides facilities maintenance services at the Washington, DC campus, will also have a crew on-site at the reconstructed Gulfport site. The current DC crew will remain at the DC campus. At Gulfport, CMI will perform maintenance and repair on electrical, plumbing, HVAC, and mechanical systems, and services for room turnover. As with the DC campus, at Gulfport CMI will take resident service calls, offer an on-site service desk, and track and follow up on service calls. CMI will have a full crew onsite to assist you when you arrive in October. The maintenance crew will have the same uniforms that you are accustomed to seeing in DC - blue or white shirts with the CMI logo - to make them easily identifiable.

Preparing the Facilities

Already, CMI's Gulfport crew is preparing for residents' arrival. CMI engineers are testing the systems and equipment in every room to ensure proper working order and safety. In addition, the CMI managers for the Gulfport home are reaching out to the managers at the DC home to compare best safe maintenance practices for optimum safe-

ty and comfort for residents.

Service Reception Desk

One of the familiar faces you will see in Gulfport is Becki Zschiedrich, CMI's Production Control Clerk. Becki worked at AFRH Gulfport many years ago before Hurricane Katrina severely damaged the campus. Prior to joining CMI, Becki worked for Jacobs Engineering where she coordinated much of the construction project for the Gulfport site. You will speak with her when you call for facility services. Becki will log and track all calls into the CMMS (computer maintenance management system), send out a response team, and make sure CMI follows up as part of CMI's customer satisfaction team.

Management and Crew

Robert "Bob" Brown is CMI's Project Manager and Chief Engineer at Gulfport. Having over 23 years experience ensuring safe maintenance practices with Military Family Housing, Bob understands military residents' needs. Bob holds numerous licenses and certifications, and will be overseeing all the facilities maintenance work at AFRH Gulfport. Regarding the CMI crew's capabilities to handle resident maintenance requests, Bob assures future occupants, "Our maintenance managers are prepared."

Geoffrey Gallotte is CMI's Assistant Chief Engineer and Quality Control Specialist with over 15 years experi-

ence in electrical, supervisory, and administrative responsibilities. Geoffrey's background includes the hospitality industry where he was a Facility Manager at the Harlow's Casino and Grand Casino Biloxi. Before joining CMI, Geoffrey participated in property inspections with the AFRH Gulfport construction team. Geoffrey will support Bob in supervising facilities maintenance at Gulfport.

CMI's on-site crew also includes general maintenance workers in HVAC, electrical, and engineering, and carpentry and painting staff.

Call for Service

As a reminder to residents of both campuses, for needs related to facilities maintenance and repair services, please call the number provided and speak with CMI's Production Control Clerk to request services. For DC residents, the number is (202) 730-3241. Gulfport residents will need to call (228) 897-4444 for service requests once onsite.

As AFRH COO Timothy Cox mentioned in last month's AFRH Communicator regarding the transition, the Residents come first. CMI is excited to be part of this mission. "We welcome the opportunity to serve our nation by serving the retired veterans," commented Abe Abraham, CEO of CMI. "We will continue to provide the exceptional service we started in DC [to the residents in Gulfport]."

Gulfport Update

From the AFRH-G Director

The contractor made a lot of progress in the month of July and by the time you read this article we should have possession of the building. Over the next month Yates and Jacobs will address the punch list and during August and September Yates will move in furniture and fixtures to complete the project.

As of this writing, paving is complete, landscaping is nearing completion, the gate house will finish on the 28th, and parking areas are being striped.



Last week Gulfport residents living in AFRH-W met the staff members who have been hired to date and two more employees will join the team on August 15th: Shelly Thompson and Frank Bermudez will be our Administrative Officer and Health and Safety Officer respectively. Both are retired military, Shelly was Navy, Frank was Air Force. Master Chief James Fairbanks will assume his ombudsman duties as of August 1.

Getting an enterprise the size of AFRH-G ready for stand-up is a tremendous task and I promise you that I have been very busy since arriving on the coast in March and the current staff members are fully engaged as well. But I cannot begin to describe the amount of work that the AFRH-W staff has done and continues to do. All the contracts for service were prescribed and negotiated by the DC staff and they remain involved as the contracts become effective. The DC staff is also coordinating the logistics to send residents to Gulfport. If you get a chance, thank a DC staff member.

That's the news to date, see you next month.

Richard Heath

AFRH- G Substantial completion achieved

By Steven C. Smith, GSA Project Manager

"With over 98% of the construction complete and hundreds of activities continuing simultaneously to wrap up the project including minor punchlist items, this update reflects only the significant activities being performed:

Site:

- Fencing
- Final Landscaping
- Gate House at front entrance.
- Final finishes
- Mechanical
- Commissioning equipment and systems
- Electrical
- Commissioning equipment and systems
- Beach Access (Pedestrian Overpass)
- South Side Ramp
- Truss and Overpass Structure
- Furniture Fixtures and Equipment
- Installation

Substantial Completion achieved July 28, 2010

PROJECTED TIMELINE AFRH-GULFPORT RE-OCCUPANCY

CATEGORY	NOTIFICATION DATE FOR MOVE-IN/ROOM SELECTION	PROJECTED MOVE-IN TIMELINE
1A and 1B (Gulfport residents residing at AFRH-W)	1 st week of August 2010 Room selection and reporting date scheduled	October 1-15, 2010
2 (Delayed reentry)	1 st week of September 2010 reporting dates will be scheduled (Rooms selected upon arrival)	October 18-November 5, 2010
3 (Residents with report dates to AFRH-G prior to facility closure.	1 st week of September 2010 reporting dates will be scheduled (Rooms selected upon arrival)	November 5, 2010
4 (Waiting list/transfer) Waiting list applicants with an application approval date between January 2003 and February 2008. Transfers with a transfer request date between January 2003 and February 2008.	Mid September 2010 reporting dates will be scheduled (Rooms selected upon arrival)	November 6, 2010-March 31, 2011

*Please keep in mind these are projected dates for re-occupancy of AFRH-G. Any changes to this scheduled will be posted immediately.

The entrance sign at the main gate



A view from the west end of the new building looking south towards the reflecting pool and down the main entry drive. The Chapel is on the right.



The swimming pool, located just west of the new building, is complete and ready for use. Locker rooms for showering and changing are by the pool on the ground floor level.



A resident room in Tower B.



The lobby area at the entrance. The Hall of Honors is through the entryway and the Security desk is on the left.

Thank You United States of America

60 years of commitment and friendship

By W. R. "Kit" Kitson

We've recently returned from a trip to Korea, sponsored by the Republic of Korea in honor of the 60th anniversary since the start of the Korean War. Words fail me to adequately express how great the trip was to all of us. The people were great! We were treated royally. We stayed at a five-star Marriott Hotel, and the food was superb. The most notable event was visiting the DMZ where we were given special VIP treatment and actually stood in North Korean soil. It was a sight to behold and a most memorable event. We were recipients of many gifts, medals, flags, etc. We had a very busy schedule and the luncheons and banquets held in our honor were delicious and it was an honor to represent our country at this historical event.

We are very appreciative for the kind invitation to visit South Korea. It took courage and a lot of willing people to facilitate our return to South Korea and the effect of the trip has had many positive results. Korean War veterans at the AFRH-

We are deeply grateful for the gift of time to reflect on our brothers-in-arms who never came home. The opportunity to come back after 60 years touches deeply in our souls.

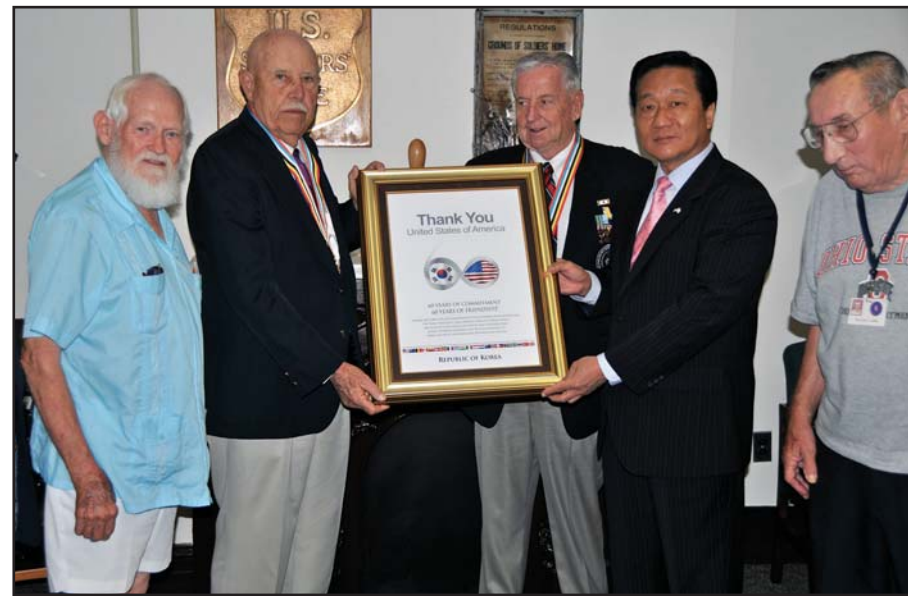
The following Korean War veterans from the AFRH-W attended this event: W.R. Kit Kitson, William Miles, Frank McCabe, Joseph O'Brian, Billy Wood and Dallas Lamb.

Message from the Republic of Korea

The year 2010 marks the 60th Anniversary of the outbreak of the Korean War. The peace, prosperity and liberties that we cherish today are built on our selfless sacrifices and contributions. Korea is forever indebted and we will continue to build the trust and friendship between our nations.



Korean veterans from AFRH-W are recognized during their recent trip to Korea which was sponsored by the Republic of Korea in honor of the 60th anniversary since the start of the war.



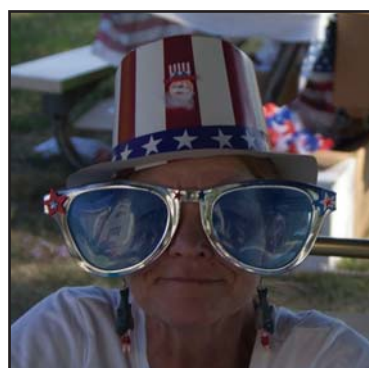
Yang Kim (second from right) Republic of Korea's Minister of Patriots and Veterans Affairs presents plaque of appreciation to AFRH. Also pictured is (L-R) Bill Woods, William Miles, Walter "Kit" Kitson and Dallas Lamb.

Fourth of July celebration a big success at AFRH-W

By Jerry Carter and Nicole Chappel

Over 300 Residents celebrated the 4th of July here at AFRH-W campus. Food service started things off by hosting a cookout, featuring a tasty menu: hamburgers, half smokes, shrimp on a stick, corn on the cob, baked beans, potato salad, brownies, and watermelon. While participants were enjoying the great food, the SouthBound Band (back by popular demand) performed lively music throughout this event. Residents were dancing and seemed to enjoy the songs played by this outstanding band. Recreation Services provided a special treat, banana splits -floats. This ice cream social was well received by everyone! Also cold beverages was served during the entire evening. Residents were given patriotic give-aways during this special celebration.

Upon conclusion of the 4th July Celebration, residents had opportunity to view the fire works display from downtown Washington, DC. The view from the hill was beautiful under the dark sky. Recreation Services would like to thank the Military Police of Order for sponsoring this event, Food service, SouthBound Band, all volunteers and co-workers for making this a very successful 4th of July event.



Lori Thompson, AFRH-W's Art Specialist is dressed for the occasion.



The Military Police Regimental Association out of Ft. Leonardwood Missouri donated \$2,500 to support our 4th of July picnic. Pictured above is Mr. Rick Hame of MPRA (left) with Al Mori, the AFRH-W Ombudsman.

Residents recall interesting stories from past

DO YOU REMEMBER?

On Wednesday, June 24th a special event took place at AFRH in which 12 personal war stories were told to a large group of interested spectators. This production was done in association with the Double Nickel's Reminiscence Theatre and actually started in February with a kickoff to gather these stories. Six World War II tales included George Smith's and Wilfred "Mac" McCarthy's frightening experiences at The Battle of the Bulge. Phyllis Bradford told about returning to her base camp decades later and "adopting" a Marine Corps granddaughter. A story by Fred Schell about a German submarine

being sunk off Florida's coast was told by Veronica Ingram, as was Don Egolf's tale dealing with the crossing of the Roer River. Benni Singleton talked about how the 555 Parachute Infantry Battalion was formed in the time of integration of the Armed Services.

Korean stories included Richard Whittle's experiences with flying bullets and eating kimchi; William Tobin's tale of General MacArthur sailing on his vessel and Frank Ward's communiqué about the Inchon Landing. Esker McConnell told a humorous story about his role in bending the rules during Vietnam. A moving story, song and poem by Warren Helm showed the emptiness of war. Veronica Ingram finished the tales with a memory about a co-worker and his dealing with the Vietnam War. Frank Ward concluded the program with the playing of Taps on his bugle. It was a memorable and exciting program with many residents asking for the next performance.



George Smith shares a World War II story during the Double Nickel Reminiscence Theatre held at the AFRH Theater on June 24. Residents told interesting stories of their past experiences with all in attendance.

Luau Cookout Party

Friday, August 20

4:30 - 7:30 - behind Scott

Friday, August 13
Stone Soup Judging Contest
& Lunch
11:30 at the Garden

FIRST WIN FOR DIAMONDBACKS WAS HARD-FOUGHT NAIL BITER

By Jerry Carter, Reggie W. Ragland and Nicole Chappel

After starting the softball season with three tough losses against three tough teams, a fourth loss did not seem to be in the DNA of the AFRH-W Diamondbacks. And sure enough, it wasn't. They won in grand style, coming from behind in nail biting fashion with a 20 - 19 victory over the Blue Cross- Blue Shield MotherDuckers on June 29th. This game took place before our home crowd here on AFRH-W campus. The D-Backs pounded out 18 hits-the highest total of the season.

And despite a powerpacked lineup that includes AFRH-W residents, employees and volunteers, it was the fielding and hitting of three residents-Robert Gmerk, Billy "Music Man" White, and Phyllis "IronWoman" Bradford-that provided the margin of victory. And the greatest excitement -

"IronWoman" Bradford had three more base hits, raising her team -leading total to nine and her phenomenal .900 batting average (.900 -that's right, she's got nine hits in 10 at - bats and has a four game hitting streak). She had eight in a row to start off the season. Phyllis has a very fast designated runner, who really puts on the speed after she makes contact with the ball. "Music Man" White also continued his steady stroke of hits with three, while scoring two runs and driving in 4 runs, all which were needed for the win.

But it was rightfielder's Robert Gmerk's phenomenal last-inning catch of a hard -hit line drive that put the MotherDucker's down in order for the first time in the game. This was a great catch made by the "G-Man" Gmerk. The D-Backs have played inspired, fun games this season and look forward to playing more games before our home fans!

King Health Center news

KHC Texas Holdem'

By Carol Mitchell

Full House, Three of a Kind, Straight Flush, were just some of the great



Edward Davis keeps an eye on the dealer and his hand.

poker hands played by residents on Monday, July 26 at the King Health Center Recreation Therapy Texas Holdem' Tournament. There were two tables of seven with many other residents attending just to watch the action. The two highest chip holders from each table advanced on to the final table.

Winners:

- 1st - Harry Casino
- 2nd- Elliott Bronfman
- 3rd- "Pete" Dounis



Carol Mitchell gets ready to deal once all bets are placed.

Residents participate in “Curtain Call”

By Steven Briefs

Once a month the KHC residents gather to participate in a one act theater production called, “Curtain Call.” Today, Friday, July 16th we read a one act play entitled, “Shakespeare in the Park.” Twelve residents attended and three read different parts from the play. Bill Conrad played the part of “MaryAnn,” Robert Hill played, “Buddy and Pete Dounis played, “Jim.” From our staff, Amanda played, “May” and Sarah played, “Charlotte.”

The residents did very well, following their lines and reading them at the appropriate times. After we finished, I told them they all did great, but for them not to quit their day jobs!



King Health Center resi- dents read their lines dur- ing from the play “Curtain Call.”

Bowling Column

By Ed Crump

Due to the many activities and special events such as the Senior Olympics that were held in May and June, my column was unable to get published last month and so I will combine the two.

One of the big stories in bowling was performed by Jim Vancil who put on one of the greatest performances I've ever witnessed over a two-day period. I'm still amazed at what he did. Especially for someone 94 years old. It all started in the Tuesday night league on the final night of the league play when he rolled games of 163-224-184 for a 571 series in which he had only five open frames all night and three of those were splits including one in the tenth frame of that 224 game, which is his highest game in either the Tuesday night league or the bowling shootout. He put together four strikes in a row that game. He could do no wrong.

Jim came right back in the bowling shootout the next day to do even better if that's possible. He had games of 198-205-193 for a tremendous 596 series to beat the 571 series he had just done less than 24 hours ear-lier. In this series he only had three open frames all day and they all occurred in the third game. So he had no open frames the first two games, which in itself is just unbe- lievable for a person 94 years old. He started the third and final game with a split that he failed to convert. Then he missed two one pin spares a couple frames later, but Jim was still determined to get a good score that game and did he ever. He put together three strikes in a row in the eighth, ninth and tenth frames to finish with a 193 game. He was getting at least nine pins on his first ball the majority of the time all day and he was converting them every time with the exception of the two he missed in the third game. The Bowling Center had just been renovated and it looks like the new lanes were in Jim's liking.

Another great story was Ralph Wineland who won his third bowler of the month honors in June and also became the fifth bowler to finish in the top four on four consecutive weeks, but the first one to do it in the same month. He joins Buron Noel who did it twice, Charlie Gammon, Jim Vancil and Mimi Rivkin on that select group to finish in the top four on four consecutive weeks. On his way to winning bowler of the month in June, Ralph averaged a whopping 197 for the twelve games in June, which is by far the highest average for one month in the shootout. Smokey Prussman had the previous high average for one month of 186, which he did in July of 2009. Ralph rolled a 249 game during the month to set a shootout record. He and Pete Hudson held the previous record of 246. He had a 631 series that day in which he only had four open frames all day, two were splits. He had a total of 17 strikes for the day including six in a row in that 249 game. He

still has high series scratch of 655, which he did back in February of 2009. His five games of at least 200 in June are the most ever in one month by anyone. Through July 1 he had a streak of five consecutive weeks in which he had at least one 200 game which is also a shootout record. Since the Bowling Center renovation he's averaged 193 on the new lanes for 15 games thru July 1. He was bowler of the year in 2009 and thru July 1 of this year he and Charlie Gammon are tied with 36 points each while Eugene Allison who won it in 2008 has 31 points.

The next story is about Eugene Allison who won his second Geico tournament in the last three years with a pin total of 2567. Going into the final day of the tournament he only had a five pin lead over Phyllis Bradford who on day three rolled her highest game of 181 and highest series of 464 and with the handicap she had a 264 game and 711 series which were both high for the tournament. Willa Farrell and Henri Gibson were both in the running for winning the tournament going into the fourth day. Henri trailed Eugene Allison by 19 pins and Willa Farrell trailed by 24 pins. So after game one of the fourth day Phyllis Bradford took the lead by 15 points over Eugene. She was the only one among the top four leaders to roll her average that first game. Then came the turning point in the sec-ond game when Eugene rolled a 219 game which is 53 pins above his average while Phyllis could only muster an 89 game which was 28 pins below her average which meant Eugene now had a 66 pin lead going into the final game of the tournament. First place was still not locked yet going into the third game due to the fact that Phyllis had 49 more pins handicap than what Eugene had. So there still was the possibility she could overtake him and win the tournament. She gave it a try by rolling 10 pins above her average that last game while Eugene was three below his aver- age and ended up winning the tournament by 53 pins. He was the only one who bowled his average all four days of the tournament, which was one reason he ended up winning the tournament. A total of 14 bowlers were in the tournament. Eugene and Ralph tied for high game scratch in the tournament with a 219 and they both did it the same game on the last day of the tournament on the same set of lanes. Complete standings are listed at the end of this column.

The last and final story concerns Phyllis Bradford who won the Tuesday night league on the final night when she won all three games to finish one point ahead of both Smokey Prussman and Ralph Wineland. This was a tight league from start to finish with only seven points separating ninth place to the top. Every win counted two points so it made the league very competitive. You bowl everyone in the league one time and then the last night is position round where the person in first place bowls the person in second place and third place bowls fourth and so forth. We hope to start up the league once again some- time in the fall if we get enough people to join.

Final Geico Tournament Standings

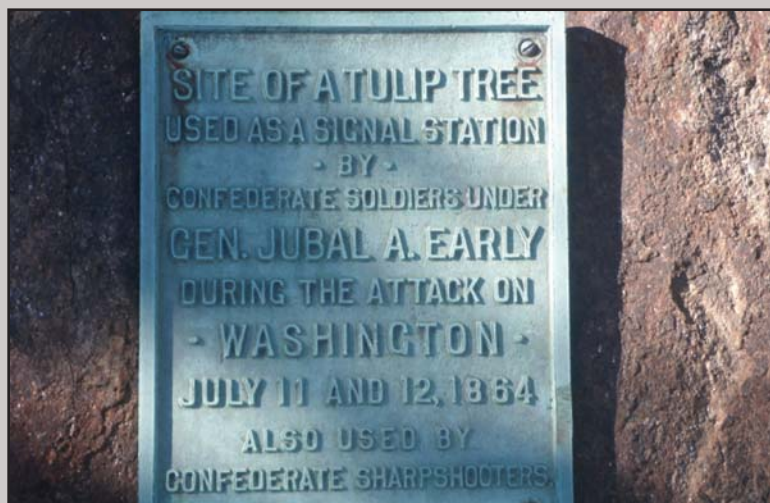
Eugene Allison	2567
Phyllis Bradford	2514
Willa Farrell	2500
Henri Gibson	2490
Buron Noel	2464
Ralph Wineland	2463
Ernie Eldredge	2451
Robert Schonherr	2439
Clarence Peterson	2436
Ed Crump	2434
Jim Vancil	2409
Charlie Gammon	2319
Smokey Prussman	2296
Mimi Rivkin	2260

Confederate Sharpshooter Takes Aim, 12 July 1864

By George L. Wellman

According to a Google search, 12 July 1864 was a Tuesday. It was on this day that President Abraham Lincoln left his summer dwelling and headed north to Fort Stevens to get an update on the situation with Confederate forces commanded by General Early. To survey the battlefield, President Lincoln climbed upon a rampart at Fort Stevens and looked north toward the farmlands. While on the rampart, a Confederate sharpshooter fired at Lincoln but missed and wounded the individual standing beside the President.

Today that summer dwelling place of President Lincoln is known as Lincoln's Cottage at the Soldiers' Home and the farmland near Fort Stevens is now Walter Reed Army Medical Center (WRAMC). There is a plaque in front of the Provost Marshall's office at WRAMC which identifies the spot where a Tulip tree stood which was used by Confederate sharpshooters. Could this be the spot where the sharpshooter took aim at President Lincoln?



Inscription on Site Marker.

Photo by Gwen Hendly



The plaque in front of the Provost Marshall's office at the Walter Reed Army Medical Center. The plaque marks the site where a Tulip tree stood that was used by Confederate Sharpshooters.

Photo by Gwen Hendly

To learn more about the events of 11-12 July 1864 at Fort Stevens, plan a visit to Lincoln's Cottage at the Soldiers' Home.

Spectacular lineup for America's birthday bash

Seventeen residents loaded a bus on July 4th to attend America's national Independence Day celebration which marked 30 spectacular years on air featuring the most dazzling display of fireworks anywhere in the nation, captured by 18 television cameras stationed around Washington, D.C.

The 30th anniversary broadcast was hosted by Emmy and Golden Globe Award-winning actor Jimmy Smits, with unrivaled performances from some of the country's biggest musical names - including multiple Grammy, CMA and ACM Award-winning country music superstar Reba McEntire, legendary R & B artist Gladys Knight, country music sensation Darius Rucker (Hootie & the Blowfish), singer David Archuleta (American Idol), and actor and singer John Schneider, as well as world-renowned classical pianist Lang Lang with the National Symphony Orchestra under the direction of top pops conductor Jack Everly and the Choral Arts Society of Washington, under the direction of Norman Scribner.

The July 4th concert finale included Tchaikovsky's "1812 Overture" featuring the U.S. Army Herald Trumpets and with live cannon fire provided by the U.S. Army Presidential Salute Battery. Also featured were the U.S. Army Ceremonial Band, the U.S. Marine Drum and Bugle Corps, the Joint Armed Forces Color Guard and the State and Territorial Flags of the Military District of Washington.



Celebrity Reba McEntire performed at the 4th of July celebration in Washington DC.



Gladys Knight takes to the stage.



American Idol favorite David Archuleta performs. In the background is the U.S. Army Bugle Corps.